# PLANNING

A PERSON-CENTRED APPROACH



Person-Centered Planning (PCP) is a value-driven process designed for people to reach their goals and be fully included into their community in ways that are personally meaningful to them. It emphasizes empowerment, striving to support people achieve their vision of a fulfilling life. PCP is individualized by nature, which recognizes and celebrates each person's uniqueness, their gifts and strengths. Ultimately, PCP aims to foster an inclusive lifestyle with ongoing opportunities for personal growth and self-fulfillment.

## We will talk about what is working in your life and what you want to see changed.





We will hear from those who care about you.

You will decide on the goals that are most important to you and together we will come up with ideas on how to achieve them.

**Offered by: COMMUNITY LIVING BELLEVILLE AND AREA** 

For more information on planning packages and pricing options reach out to:

Donna McKeown dmckeown@clbelleville.ca or call 613-848-3059



SCAN MI

### **COMMUNITY LIVING BELLEVILLE AND AREA** PLANNING

### A PERSON-CENTRED APPROACH

- TRANSITION PLANNING, GOAL SETTING WITH ACTION STEPS
- PASSPORT & PERSONAL FINANCIAL MAPPING
- MEETING FACILITATION, GOALS AND ACTION STEPS
- GOALS/ACTIONS AND FOLLOW UP (NOT INCLUDED IN OPTION A)

#### **CHOOSE AN OPTION BELOW**

**OPTION A INCLUDES** ONE PLANNING MEETING PER YEAR

**Option A** \$700

#### (APRIL TO MARCH) **GOALS AND ACTION STEPS**

COPIES OF THE PERSON-CENTRED PLAN

MEETING SPACE IF REOUIRED

#### **ADDITIONAL COSTS**

**\*TWO FORMATS OF THE COMPLETED PLAN** \*MILEAGE OUTSIDE OF BELLEVILLE

#### **OPTION B INCLUDES**

TWO PLANNING MEETINGS EACH YEAR (APRIL TO MARCH) **GOALS AND ACTION STEPS & FOLLOW UP** COPIES OF THE PERSON-CENTRED PLAN MEETING SPACE IF REQUIRED **ADDITIONAL COSTS** 

**\*TWO FORMATS OF THE COMPLETED PLAN** \*MILEAGE OUTSIDE OF BELLEVILLE

#### **OPTION C INCLUDES**

**OUARTERLY PLANNING MEETINGS EACH YEAR** (APRIL TO MARCH) GOALS AND ACTION STEPS, TRACKING COPIES OF THE PERSON-CENTRED PLAN MEETING SPACE IF REQUIRED TWO FORMATS OF THE COMPLETED PLAN IF REQUIRED MILEAGE OUTSIDE OF BELLEVILLE

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**Option** C

\$2500















